



The Silver Line

helpline for older people

0800 4 70 80 90

**No question too big
No problem too small
No need to be alone**

information • friendship • advice

free, confidential and open 24 hours

0800 4 70 80 90

www.thesilverline.org.uk

The Silver Line is a registered charity in the UK.
Registered Charity No. 1147330 | Company No. 8000807

